

Où Transe

compagnie
LA BARAKA

Abou Lagrâa





Où Transe

La Jeune Fille et La Mort

CHOREOGRAPHY ABOU LAGRAA

Solos

Performance in two parts

Création 2005

Co-producers

**Bonlieu Scène Nationale,
ANNECY**

**Le Prisme - St Quentin en
Yvelines**

Compagnie La Baraka

L'Orchestre des Pays de Savoie
Schubert : "La Jeune Fille et La
Mort"

Supported by

**DRAC Rhône Alpes
Conseil Régional Rhône Alpes**

In Collaboration with

**Festival Rencontres Chorégra-
phiques de Carthage (Tunisie)
La ville d'Annonay**

Funded by

**Caisse des Dépôts et Consigna-
tions, PARIS**

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AFAA for international tours



Cast

Où Transe - Solo "Death and the Maiden" - Solo

2 pieces
2 dancers

Où Transe

Choreography and interpretation
Abou Lagraa

Music
Eric Aldéa
Ivan Chiossone

Lighting
Franck Besson

Costumes
Michelle Amet

Repetition coach
Uschi Vorck-Martinez

Régie générale
Antoine De Gantho

Lighting director
Gérard Garchey

La Jeune Fille et la Mort

Production
Orchestre des Pays de Savoie - Compagnie la Baraka

Choreography
Abou Lagraa

Dancer
Séverine Allarousse

Music
Frantz Schubert : La jeune fille et la mort
"andante con moto"

Lighting director
Gérard Garchey

Costume design
Abou Lagraa



Edito

After the marvelous success of *Cutting Flat* in 2004/2005, Abou Lagraa returns to Bonlieu with a piece in three parts in which he explores freedom of movement and the pleasure of dance.

In the two group pieces *Allegoria Stanza* and *Cutting Flat*, conceived as two parts of a whole, Abou Lagraa brought into play a diversity of esthetics and genres - a dance that was written at once for the individual and the group, which staged their confrontations and the desire to be together.

In *Où transe*, he choreographs two solos: one solo in which he stages himself, and a solo, commissioned by L'Orchestre des Pays de Savoie, written especially for one of his dancers. This solo is a composition on the musical theme of Franz Schubert's "Death and the Maiden". With classical music, Abou Lagraa has discovered a new source of musical inspiration which he mischievously blends with Eric Aldea's contemporary music in a joint journey towards trance.

The program is centered on common themes: highlighting the naked, unadorned body, a memory of engraved movements, "a desire to be" beyond

appearance and obviousness. Here, Abou Lagraa works on the lightness of movement which he frees from the memory and from the physical journey of each individual. An unusual and superb dancer, he creates a rich dance for his dancers and himself, that draws upon expressionistic and inventive influences, an intensity of evocation geared solely to the audience. This generosity is associated with a personal and intimate search that he displays through a virtuoso solo. It also marks the return to the Bonlieu stage of a dance with loose and generous movements. "Two solos, two facets of a common choreography, two pieces of one puzzle: that of Abou Lagraa's identity. Without ever abandoning his circular and generous dance which has earned him a vast following, Abou Lagraa ventures down more introspective paths. The two solos share a common music which expresses trance in all of its states.

They are formally different, can be viewed independently, and can also be read as the choral echo of the choreographer's questionings.

On the threshold of professional maturity, he continues to

struggle with the questions that haunt him, and he reveals to us, in a shared intimacy, some questionings which, upon close examination, are not only personal, but also hide within them something universal..."



Synopsis

Solo **Où transe**

dancer
Abou Lagraa

Repetition coach
Uschi Vorck-Martinez

music
Eric Aldéa - Ivan Chiossone

Running time: 17 minutes

In a dance drawing from the reserves of the resistance of a body on the verge of exhaustion, Abou Lagraa explores intimacy. Pushing his energy's resilience to the limit, he attempts to bring forth a memory inscribed in the neuronal source of his movements, an atavistic history of his own body, the physical marks of which are revealed to us here. In a very personal choreographical grammar, he combines his present, his ambiguities, his doubts. With great sincerity he stages the desire of accomplishment passing through the combination of a history and a desire. The dance is rapid, the movements sweeping, always rubbing up against the limits of the floor. It explores contradictions, the posture is at once serious and frivolous. The two characters Masculine and Feminine get tangled in an obvious duality. It is with incredible energy that the dance manages to resolve an apparent opposition.

Solo **Death and the Maiden**

dancer
Séverine Allarousse

music
Franz Schubert : La jeune fille et la mort
"andante con moto"

Running time: 17 minutes

The solo of "Death and the Maiden" arose out of the perfect coming together of Abou Lagraa's dance and a talented orchestra, l'Orchestre des Pays de Savoie. When the human body becomes melody, and music a source of movement...

At the heart of Gustav Malher's version of Franz Schubert's "Death and the Maiden" lay music to be danced and a hidden choreography. Abou Lagraa invented a vigorous and sensitive dance for one of his most talented dancers, Séverine Allarousse. Here, melodic and choreographical arabesques play on an entire range of feelings!

Bathed in Franz Schubert's musical universe, the arabesques are more and more jerky, pathetic... Fatal! With this piece Abou Lagraa pushes the trance to its ultimate phase, admirably served by the body of his dancer, who lets herself go completely. The dance that he summons on this occasion is physical, sensual... fatally so.



Calendar

Performances

Dance Salad Festival, Houston
April 7, 2007

Théâtre Municipal, Annonay
October 6, 2007

Mc Callum Theatre, Palm Desert, USA
November 10, 2007

Prague, Czech Republic
January 23-04, 2008

Abou LAGRAA

Born in Annonay on December 22, 1970, he began to dance at the age of 16 in his home town, then attended the Conservatoire in Lyon. He later attended Lyon's Conservatoire National Supérieur Musique et Danse for 3 years, where he worked with a number of guest choreographers.

From 1993 to 1996, he danced with Ruy Horta (S.O.A.P. Dance Theater Theater Frankfurt) and became his assistant for a project at the Gulbenkian in Lisbon. Over the course of 1997, he worked with Lionel Hoche, Denis Plassard and Robert Poole. In 1998, he was awarded the second prize in contemporary dance at the City of Paris International Competition.

He founded Company La Baraka in February 1997 with Aurélia Picot, a dancer in the company. He created 2 parade performances for Lyon's Biennale de la Danse :

- "Mediterranea" for the city of Givors in 1998
- "The Silk Routes" for the city of Vienne in 2000

In February 2001, he created for the CCN Ballet de Lorraine a piece for 15 dancers "Fly, Fly", which he recreated in 2003 for the ABC Dance Company in St. Pölten (Austria). He created "Leïla" in 2003 for the second-year students of Angers' CNDC.

In 2006, the Paris Opéra Ballet commissioned Abou Lagraa a piece "Le Souffle du Temps" for 21 dancers including three principal dancers (Marie-Agnès Gillot, Wilfried Romoli, Manuel Legris).

In 2007, he created "My Skin" for the students of the Hochschule in Frankfurt.



In 2009, the International Movimentos Dance Prize awards Abou Lagraa the Best Male Dancer Prize.

From 2004 to 2007, Abou Lagraa and his company were awarded a four-year residency at Bonlieu Scène Nationale d'Annecy where he is an associated artist. From 2009 to 2011, Company La Baraka - Abou Lagraa is in production residency in Sceaux at Les Gémeaux, Scène Nationale.

He has been the subject of several tv reports and captations :

- "La Baraka d'Abou Lagraa", on French national tv (France3)
- "Hip Hop Fusion", aired during the show Musiques au Coeur on French national tv (France 2).
- "Nuit Blanche", on the Franco-German cultural channel Arte.
- "La Danse d'Abou Lagraa", aired during Musiques au Coeur on French national tv (France2), on the cable arts channel Mezzo and on the French international channel TV5 Monde.
- Jury for the tv show "Dancing Show", on French tv France 2.

The company's repertoire :

- **Les 2** (1998) : solo
- **Violatus** (1998) : piece for 6 dancers
- **Kraft** (1999) : piece for 6 dancers
- **Passage** (2000) : hip-hop trio
- **Nuit Blanche** (2000) : 3 pieces for 9 dancers
- **Allegoria Stanza** (2002) : piece for 7 contemporary dancers and 3 hip-hop dancers
- **Cutting Flat** (2004) : piece for 10 dancers
- **Où Transe** (2005) : Piece for 7 dancers, Solo/Duo/Quatuor
- **R.B.V.B.** (2006) : piece for 4 dancers, solo the "Three Temperaments" / hip hop trio "Passage"
- **Matri(K)is** (2007) : piece for 10 dancers men duo/ women octet
- **D'Eux Sens** (2008) : duo with Abou Lagraa and Nawal Lagraa Ait Benalla

Commissions :

- **"Fly, Fly"** :
Commissioned to Abou Lagraa by the CCN Ballet de Lorraine for 15 dancers. Première : February 2001.
- **"Le Pas suspendu"** :
Commissioned to Abou Lagraa by the Orchestre des Pays de Savoie : Soli on Schubert "Death and the Maiden" and Hindemith's "Three Temperaments". Première : March 2006.
- **"Le Souffle du Temps"** :
Commissioned to Abou Lagraa by the Opéra National de Paris for 21 dancers, including 3 principal dancers (Marie-Agnès Gillot, Manuel Legris, Wilfried Romoli). Première : March 2006.
- **"Everyone's one"**
Commissioned to Abou Lagraa by the Memphis Ballet (USA). Première : February 2008.



Hosting Conditions

Artistic and Technical Team:

4 people

Transfer Fee

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Costs at the expense of the host organization:

Travel Expenses:

Personnel : 4 people

Set Transportation

Per diem allowances

Based on the current French artists' union Syndéac rate for 4 people

Lodging

For 4 people (minimum two-star hotel)

Rights



Contact information

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